

## Description

## Simon Says 4a (10 mins)

Players: 2-8Grid: 10x10 or 12x12Set up: Same as 2b



## Simon Says 4b (20 mins)

Players: 2-8Setup: - Same grid size as above except now insert 2 goals on either side of the grid. It may help to make these goals different colors to show the players that their are 2 different goals on either side. YOu can call the area between the grid and the goals the end zones so the players understand the boundaries as well. - Same set up as 3b except now the players must drive outside of the grid and into the end zone where they must dribble through one of the goals. Ball must be under control for it to count as a point. - make the goals big so that the players have a greater chance of success, especially at the beginning of this exercise. The goals should be at least 3 yards wide.

